HEAD START SPRING MENU

ROGERS CITY AREA SCHOOLS

BREAKFAST

MONDAY

*WG Breakfast Pizza String Cheese Cinnamon Applesauce 1% White Milk

TUESDAY

Yogurt Parfaits
Cinnamon Gold Fish Crackers
Diced Strawberries
1% White Milk

WEDNESDAY

Pancake on a Stick Orange Smiles 1% White Milk

THURSDAY

Pancakes and Sausage Diced Peaches 1% White Milk

*WG = Whole Grain

Menu is subject to change without notice.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	#	*WG Pepperoni Pizza	*WG Chicken Fries	Mini Corn Dogs	Chicken-n-Dumplings
WEEK		Tossed Salad, Cucumber Slices, Diced Pears, 1% White Milk, and Ranch Dressing	Buttered Noodles, Corn, Applesauce, 1% White Milk and Ranch Dressing	Oven Baked Fries, Carrot Sticks, Strawberry Cup, 1% White Milk and Ranch Dressing	*WG Dinner Roll, Cheese Stick, Broccoli, Mixed Fruit, 1% White Milk and Ranch Dressing
J		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
П	<u>"</u>	Hot Dog on a Bun	Cheeseburger/Hamburger	WG Cheese Pizza	Ravioli
	WEEK	Baked Beans, Baby Carrots, *WG Sun Chips, Apple, 1 % White Milk, Ranch Dressing, Ketchup & Mustard	*WG Bun, Oven Fries, Apples, 1% White Milk, Ranch Dressing, Ketchup and Mustard	Tossed Spinach Salad, Cucumber Slices, Pineapple, 1% White Milk and Ranch Dressing	Garlic Bread, Green Peas, Carrot Sticks, Orange Smiles, 1% White Milk & Ranch Dressing
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	m #	Macaroni & Cheese	Pizza Spins	Oven Baked Chicken Drumstick	Ham or Turkey Sub
	<u>¥</u>	Garlic Bread Stick, Broccoli, Diced Peaches, 1% White Milk, and Ranch Dressing	(Toasted *WG English Muffin, Pizza Sauce, Cheese & Pepperoni) Tossed Salad, Fresh Pear, 1% White Milk and Ranch Dressing	Sweet Corn, *WG Biscuit, Mixed Berry Cup, 1% White Milk, and Ranch Dressing	*WG Sub Bun, Gold Fish Crackers, Lettuce & Tomatoes, Sliced Pears,1% White Milk, Ranch Dressing, Mustard & Mayo
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	#	Fish Sticks	*WG Chicken Patty Sandwich	*WG Cheese Bosco's	Chicken & Cheese Crispitos
	¥	*WG Breaded Pollack, Potato	*WG Baked Cheetos, Lettuce &	Green Beans, Fresh Pear,	Spanish Rice, Mixed Peppers,
	NEEK	Wedge, Applesauce, 1% White Milk	Tomato, Mixed Fruit, 1% White Milk,	Marinara Sauce, 1% White Milk,	Pineapple, Mild Salsa, 1% White
		and Ranch Dressing	Ranch Dressing, Ketchup & Mayo	and Ranch Dressing	Milk & Ranch Dressing
					1

Warch										
Week	М	Т	W	Т						
#1	2	3	4	5						
#2	9	10	11	12						
#3	16	17	18	19						
		Spring	g Break							
#4	30	31								

		Apri	11	
Week	М	Т	W	Т
#4			1	2
#1	6	7	8	9
#2	13	14	15	16
#3	20	21	22	23
#4	27	28	29	30

May								
Week	M	Т	W	T				
#1	4	5	6	7				
#2	11	12	13	14				
#3	18	19	20	21				
#4	No School	26	27	28				

		June		
	M	Т	W	T
Cook's Choice	1	2	3	4
	8	9		

ELEMENTARY SCHOOL SPRING MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org

FREE REIMBURSABLE MEALS SERVED DAILY!!

BREAKFAST

MONDAY

*Breakfast Pizza, Cinnamon or Strawberry Frudel, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, 1% or Skim Milk

TUESDAY

*Cocoa Puff Bar, Blueberry or Chocolate Chip Muffins, String Cheese, Yogurt, Fresh Fruit, Raisins, Choice of Milk

WEDNESDAY

*Egg, Sausage & Cheese Breakfast Sandwich, Cereal Bar, Applesauce Cups, Fresh Pears, String Cheese, Yogurt and Choice of Milk

THURSDAY

*Waffles and Sausage, Benefit Bar, Yogurt Parfait, String Cheese, Mixed Berry Cup, Fresh Fruit and Choice of Milk

FRIDAY

*Pop tart, Nature Valley Granola Bar, Banana Bread, String Cheese, Yogurt, Strawberry Cup, Peaches and Choice of Milk

* = Whole Grain

Salad Bar available daily

Menu is subject to change without notice.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #1	*Pepperoni Pizza Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing	*Chicken Fries Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce	*Mini Corn Dogs Oven Baked Fries, Carrot Sticks, Green Peas, Strawberry Cup, Choice of Milk, Ranch, Ketchup and Mustard	Chicken –n– Dumplings Dinner Roll, Cheese Stick, Broccoli, Mixed Fruit, Choice of Milk and Ranch Dressing	*Fish & Chips (Breaded Pollack), Baked Chips, Cauliflower, Tossed Salad, Diced Peaches, and Choice of Milk
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #2	Hot Dog on a Bun Baked Beans, Sun Chips, Pineapple, Choice of Milk, Ranch Cup, Ketchup & Mustard	*Cheeseburger/Hamburger Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard and Mayo	*Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk, and Ranch Dressing	*Ravioli Garlic Bread, Green Peas, Carrot Sticks, Orange Smiles, Choice of Milk, and Ranch Dressing	Breakfast for Lunch *Pancakes, Sausage Links, Hash Brown, Banana, Raisins, Choice of Milk and Syrup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #3	*Macaroni & Cheese Garlic Breadstick, Broccoli, Mixed Peppers, Sliced Pears, Choice of Milk, and Ranch Dressing	Pizza Spins (*Toasted English Muffin, Pizza Sauce, Mozzarella Cheese & Pepperoni) Tossed Salad, Pineapple, Choice of Milk and Ranch	Oven Baked Chicken Drumstick, Sweet Corn, Biscuit, Mixed Berry Cup, Choice of Milk and Ranch Dressing	Ham or Turkey Sub *Goldfish Crackers, Lettuce & Tomato, Sliced Peaches, Choice of Milk, Ranch Dressing, Mustard & Mayo	*Garlic Cheese Bread Marinara Sauce, Spinach Salad, Applesauce Cup, Choice of Milk and Ranch Dressing
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #4	*Fish Sticks Breaded Pollock Bites, Potato Wedges, Strawberry Cup, Choice of Milk and Ranch Dressing	*Chicken Patty Sandwich Cheez-it Crackers, Lettuce & Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup and Mayo	*Cheese Bosco Sticks Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing	Chicken & Cheese Crispitos Spanish Rice, Mixed Peppers, Pineapple, Mild Salsa, Choice of Milk and Ranch Dressing	Soft Pretzel Cheese Cup, Yogurt, Carrot Sticks, Strawberry Cup, Fresh Pears, Choice of Milk and Ranch Dressing

March 5 4 6 #2 9 10 11 12 13 16 17 18 #3 19 20 **SPRING BREAK** #4 30 31

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Weeks	M	Т	W	Т	F		
#4			1	2	3		
#1	6	7	8	9	No School		
#2	13	14	15	16	17		
#3	20	21	22	23	24		
#4	27	28	29	30			

April

muy						
Week	М	Т	w	Т	F	
#4					1	
#1	4	5	6	7	8	
#2	11	12	13	14	15	
#3	18	19	20	21	22	
#4	No School	26	27	28	29	

May

Weeks	М	Т	w	Т	F
Cook's	1	2	3	4	5
Choice	8	9			

June

Milk Only— \$.50 Adult Breakfast— \$2.30 Adult Lunch— \$3.85

MIDDLE SCHOOL SPRING MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org Menu is subject to change without notice.

* **= Whole Grain**Salad Bar, Al-a-cart & Smart Snacks
Available Daily

BREAKFAST

MONDAY

*Breakfast Pizza, Cinnamon or Strawberry Frudel, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, 1% or Skim Milk

TUESDAY

*Cocoa Puff Bar, Blueberry or Chocolate Chip Muffins, String Cheese, Yogurt, Fresh Fruit, Raisins, Choice of Milk

WEDNESDAY

*Egg, Sausage & Cheese Breakfast Sandwich, Cereal Bar, Applesauce Cups, Fresh Pears, String Cheese, Yogurt and Choice of Milk

THURSDAY

*Waffles and Sausage, Benefit Bar, Yogurt Parfait, String Cheese, Mixed Berry Cup, Fresh Fruit and Choice of Milk

FRIDAY

*Pop tart, Nature Valley Granola Bar, Banana Bread, String Cheese, Yogurt, Strawberry Cup, Peaches and Choice of Milk

Breakfast..... \$1.80

Breakfast Reduced..\$.30

Breakfast Adult......\$2.30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #1	*Pepperoni Pizza Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing	*Chicken Fries Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce	*Mini Corn Dogs Oven Baked Fries, Carrot Sticks, Green Peas, Strawberry Cup, Choice of Milk, Ranch, Ketchup and Mustard	Chicken –n– Dumplings Dinner Roll, Cheese Stick, Broccoli, Mixed Fruit, Choice of Milk and Ranch Dressing	*Fish & Chips (Breaded Pollack), Baked Chips, Cauliflower, Tossed Salad, Diced Peaches, and Choice of Milk
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #2	Hot Dog on a Bun Baked Beans, Sun Chips, Pineapple, Choice of Milk, Ranch Cup, Ketchup & Mustard	*Cheeseburger/Hamburger Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard and Mayo	*Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk, and Ranch Dressing	*Ravioli Garlic Bread, Green Peas, Carrot Sticks, Orange Smiles, Choice of Milk, and Ranch Dressing	Breakfast for Lunch *Pancakes, Sausage Links, Hash Brown, Banana, Raisins, Choice of Milk and Syrup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #3	*Macaroni & Cheese Garlic Breadstick, Broccoli, Mixed Peppers, Sliced Pears, Choice of Milk, and Ranch Dressing	Pizza Spins (*Toasted English Muffin, Pizza Sauce, Mozzarella Cheese & Pepperoni) Tossed Salad, Pineapple, Choice of Milk and Ranch	Oven Baked Chicken Drumstick, Sweet Corn, Biscuit, Mixed Berry Cup, Choice of Milk and Ranch Dressing	Ham or Turkey Sub Goldfish Crackers, Lettuce & Tomato, Sliced Peaches, Choice of Milk, Ranch Dressing, Mustard & Mayo	*Garlic Cheese Bread Marinara Sauce, Spinach Salad, Applesauce Cup, Choice of Milk and Ranch Dressing
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #4	*Fish Sticks Breaded Pollock Bites, Potato Wedges, Strawberry Cup, Choice of Milk and Ranch Dressing	*Chicken Patty Sandwich Cheez-it Crackers, Lettuce & Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup and Mayo	*Cheese Bosco Sticks Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing	Chicken & Cheese Crispitos Spanish Rice, Mixed Peppers, Pineapple, Mild Salsa, Choice of Milk and Ranch Dressing	Soft Pretzel Cheese Cup, Yogurt, Carrot Sticks, Strawberry Cup, Fresh Pears, Choice of Milk and Ranch Dressing

		M	arch				
Week	М	Т	w	Т	F		
#1	2	3	4	5	6		
#2	9	10	11	12	13		
#3	16	17	18	19	20		
	SPRING BREAK						
#4	30	31					

Weeks	M	T	W	T	F			
#4			1	2	3			
#1	6	7	8	9	No Schoo			
#2	13	14	15	16	17			
#3	20	21	22	23	24			
#4	27	28	29	30				

April

May								
Week	М	Т	w	Т	F			
#4					1			
#1	4	5	6	7	8			
#2	11	12	13	14	15			
#3	18	19	20	21	22			
#4	No School	26	27	28	29			

May

Weeks	М	Т	W	T	F
Cook's	1	2	3	4	5
Choice	8	9			
Choice	8	9			

June

Lunch Reduced..... \$.40 Lunch Adult...... \$3.85

HIGH SCHOOL SPRING MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org Menu is subject to change without notice.

* = Whole Grain
Salad Bar, al-a-cart & smart snacks
available daily

BREAKFAST

MONDAY

*Breakfast Pizza, Cinnamon or Strawberry Frudel, Cereal, Chocolate Chip Oatmeal Bar, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, Choice of Milk

TUESDAY

*Blueberry, Apple Cinnamon or Chocolate Muffin, Breakfast Tornados, Benefit Bar, Fresh Fruit Cups, Raisins, Apple, Banana, Choice of Milk

WEDNESDAY

*Belgium Waffles, Pancakes, Sausage, Cocoa Puff Bars, String Cheese, Yogurt, Fresh Fruit, Craisins, Choice of Milk

THURSDAY

*Sausage, Egg & Cheese Breakfast Sandwich, Apple Crispitos, Pumpkin Bread, String Cheese, Yogurt Parfait, String Cheese, Banana, Pear, Apple Juice or 1% or Skim Milk

FRIDAY

*Pancake on a Stick, Zee Zee Bar, Cinnamon Bun, Poptart, Yogurt, String Cheese, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk

Breakfast..... \$1.80

Breakfast Reduced..\$.30

Breakfast Adult......\$2.30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
#	*Pepperoni Pizza	*Chicken Fries	*Corn Dog, Potato Wedges,	Chicken –n– Dumplings	Popcorn Shrimp, Oven
X	Tossed Salad, Cucumber	Buttered Noodles, Corn,	Carrot Sticks, Green Peas,	Dinner Roll, Cheese Stick,	Baked Fries, Cauliflower,
WEEK	Slices, Diced Pears, Fresh	Applesauce, Bananas,	Strawberry Cup, Fresh Fruit,	Broccoli, Mixed Fruit,	Tossed Salad, Diced
>	Fruit, Choice of Milk and	Choice of Milk, Ranch	Choice of Milk, Ranch Dress- ing, Ketchup & Mustard	Banana, Choice of Milk and	Peaches, Choice of Milk,
	Ranch Dressing	Dressing and BBQ Sauce	ing, Retonap & Mustara	Ranch Dressing	and Ranch Dressing
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
#2	Polish Dog, Sautéed	Mushroom Swiss Burger,	*Cheese Pizza, Tossed	*Ravioli, Garlic Bread,	*Fish & Chips, Oven Baked
×	Peppers & Onions, Baked	Oven Baked Fries, Mixed	Spinach Salad, Cucumber	Greens Pears, Carrot	Fries, Cauliflower, Celery
WEEK	Beans, Pineapple, Choice	Fruit, Apple, Choice of	Slices, Applesauce, Fresh	Sticks, Orange Smiles,	Sticks, Cinnamon
5	of Milk and Ranch Dressing	Milk, Ranch Dressing,	Pears, Choice of Milk and	Choice of Milk, and Ranch	Applesauce, Choice of Milk,
		Ketchup, Mustard & Mayo	Ranch Dressing	Dressing	and Ranch Dressing
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
#3	*4 Cheese Mac & Cheese	*Chicken Parmesan	Oven Baked Chicken	Beef & Cheese Burrito	*Italian Cheese Bread
	Garlic Breadstick, Mixed	Sandwich, Green Beans,	Drumstick, Sweet Corn,	Refried Beans, Tortilla	Marinara Sauce, Spinach
WEEK	Peppers Sliced Pears,	Tossed Salad, Sliced	Biscuit & Honey, Mixed	Chips, Mixed Peppers, Mild	Salad, Apple Slices,
3	Banana, Choice of Milk,	Pears, Fresh Fruit, Choice	Berry Cup, Choice of Milk	Salsa, Applesauce, Choice	Orange, Choice of Milk, and
	and Ranch Dressing	of Milk and Ranch Dressing	and Ranch Dressing	of Milk and Ranch Dressing	Ranch Cup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
#	*Fish Sandwich,	Chicken Caesar Wrap,	*Spicy Chicken Sandwich,	Chicken & Cheese Crispitos	Soft Pretzel,
	Breaded Pollack, Cheese,	*Sun Chips, Tomato,	Potato Puffs, Lettuce &	Spanish Rice, Mixed	Cheese Sauce, Tossed
WEEK	Lettuce, Tartar Sauce,	Carrot Sticks, Cinnamon	Tomato, Orange Smiles,	Peppers, Mild Salsa, Sour	Salad, Mixed Berry Cup,
3	Broccoli, Choice of Milk	Applesauce, Choice of	Choice of Milk, Ranch	Cream, Fresh Fruit, Choice	Raisins, Choice of Milk,
	and Ranch Dressing	Milk, and Ranch Dressing	Dressing and Mayo	of Milk and Ranch Dressing	and Ranch Dressing

		IV	ıarcn					A	orii					IVI	ay			June					
Week	М	Т	w	Т	F	Weeks	М	Т	w	Т	F	Week	М	Т	w	Т	F	Weeks	М	Т	W	Т	F
#1	2	3	4	5	6	#4			1	2	3	#4					1	Cook's	1	2	3	4	5
#2	9	10	11	12	13	#1	6	7	8	9		#1	4	5	6	7	8	Choice	8	9			
#3	16	17	18	19	20	#2	13	14	15	16	17	#2	11	12	13	14	15	Lunch				\$2.85	;
		SPI	RING E	REAK		#3	20	21	22	23	24	#3	18	19	20	21	22	Lunch Reduced \$.40					
#4	30	31				#4	27	28	29	30	No School	#4	No	26	27	28	29					-	
													School					Lunch	Adu	lt		\$3.85	

ST. IGNATIUS SCHOOL SPRING LUNCH MENU

ROGERS CITY AREA SCHOOLS

March

Week	M	Т	W	Т	F
#1	2	3	4	5	6
#2	9	10	11	12	13
#3	16	17	18	19	20
		SPF	RING B	REAK	
#4	30	31			

April

Weeks	M	Т	W	Т	F
#4			1	2	3
#1	6	7	8	9	No School
#2	13	14	15	16	17
#3	20	21	22	23	24
#4	27	28	29	30	

May

Week	М	Т	w	Т	F
#4					1
#1	4	5	6	7	8
#2	11	12	13	14	15
#3	18	19	20	21	22
#4	No School	26	27	28	29

June

Weeks	M	Т	w	Т	F
Cook's	1	2	3	4	5
Choice	8	9			

Lunch—\$2.60

Reduced—\$.40

Milk Only-\$.50

Adults—\$3.85

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #1	*Pepperoni Pizza Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing	*Chicken Fries Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce	*Mini Corn Dogs Oven Baked Fries, Carrot Sticks, Green Peas, Strawberry Cup, Choice of Milk, Ranch, Ketchup and Mustard	Chicken –n– Dumplings Dinner Roll, Cheese Stick, Broccoli, Mixed Fruit, Choice of Milk and Ranch Dressing	*Fish & Chips (Breaded Pollack), Baked Chips, Cauliflower, Tossed Salad, Diced Peaches, and Choice of Milk
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #2	*Hot Dog on a Bun Baked Beans, Sun Chips, Pineapple, Choice of Milk, Ranch Cup, Ketchup & Mustard	Cheeseburger/Hamburger Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard and Mayo	*Cheese Pizza Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk, and Ranch Dressing	*Ravioli Garlic Bread, Green Peas, Carrot Sticks, Orange Smiles, Choice of Milk, and Ranch Dressing	Breakfast for Lunch *Pancakes, Yogurt, Hash Brown, Banana, Raisins, Choice of Milk and Syrup
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #3	*Macaroni & Cheese Garlic Breadstick, Broccoli, Mixed Peppers, Sliced Pears, Choice of Milk, and Ranch Dressing	*Pizza Spins (Toasted English Muffin, Pizza Sauce, Mozzarella Cheese & Pepperoni) Tossed Salad, Pineapple, Choice of Milk and Ranch	Oven Baked Chicken Drumstick, Sweet Corn, Biscuit, Mixed Berry Cup, Choice of Milk and Ranch Dressing	Ham or Turkey Sub *Goldfish Crackers, Lettuce & Tomato, Sliced Peaches, Choice of Milk, Ranch Dressing, Mustard & Mayo	*Garlic Cheese Bread Marinara Sauce, Spinach Salad, Applesauce Cup, Choice of Milk and Ranch Dressing
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #4	*Fish Sticks Breaded Pollock Bites, Potato Wedges, Strawberry Cup, Choice of Milk and Ranch Dressing	*Chicken Patty Sandwich Cheez-it Crackers, Lettuce & Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup and Mayo	*Cheese Bosco Sticks Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing	Chicken & Cheese Crispitos Spanish Rice, Mixed Peppers, Pineapple, Mild Salsa, Choice of Milk and Ranch Dressing	Soft Pretzel Cheese Cup, Yogurt, Carrot Sticks, Strawberry Cup, Fresh Pears, Choice of Milk and Ranch Dressing

Jenna Vekaryasz—Food Service Supervisor 734.9164 / jenna.vekaryasz@rcashurons.org

- *= Whole Grain
- Salad Bar Available

Menu is subject to change without notice.